

Online Safety

INFORMATION SHEET FOR PARENTS

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ONLINE RESOURCES

For you to have involvement in the online safety of your children, I would suggest having a read of 'Digital Parenting magazine',

<http://www.vodafone.com/content/digital-parenting/learning-and-fun/digital-parenting-magazine.html#>

Also Netaware (from the NSPCC)

https://www.net-aware.org.uk/?utm_source=google&utm_medium=cpc&utm_campaign=Grant_shareaware2014&utm_term=net_aware&gclid=CKKU0cz3ltACFVRAGwodPSkJAQ&gclidsrc=aw.ds

For awareness, a helpline and a hotline, there is the UK Safer Internet Centre:

<https://www.saferinternet.org.uk/about>

Another useful website is 'Commonsense Media':

<https://www.common sense media.org/>

To become more aware of the issues around online bullying:

<http://parentinfo.org/>

General security and safety issues online:

<https://www.getsafeonline.org/>

Police-run website around Child Exploitation and Protection:

<https://ceop.police.uk/>

TALKING TO YOUR CHILDREN

Here are some tips from recent training that I undertook:

Conversation starters to talk to your children about online safety:

- Ask your children about the sites they like to visit and the things they like to do online
- Ask them about how they stay safe online. What tips would they have for you? Where did they learn them? What's ok to share and what's not ok to share online?
- Do they know where the privacy settings are and where to go for safety advice?
- Do they know how to block or report on the services they use?
- Encourage them to show you or another adult how to do something better online.
- Think about how you each use the internet. What more could you do to use the internet together? Are there online activities you could enjoy as a family?

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